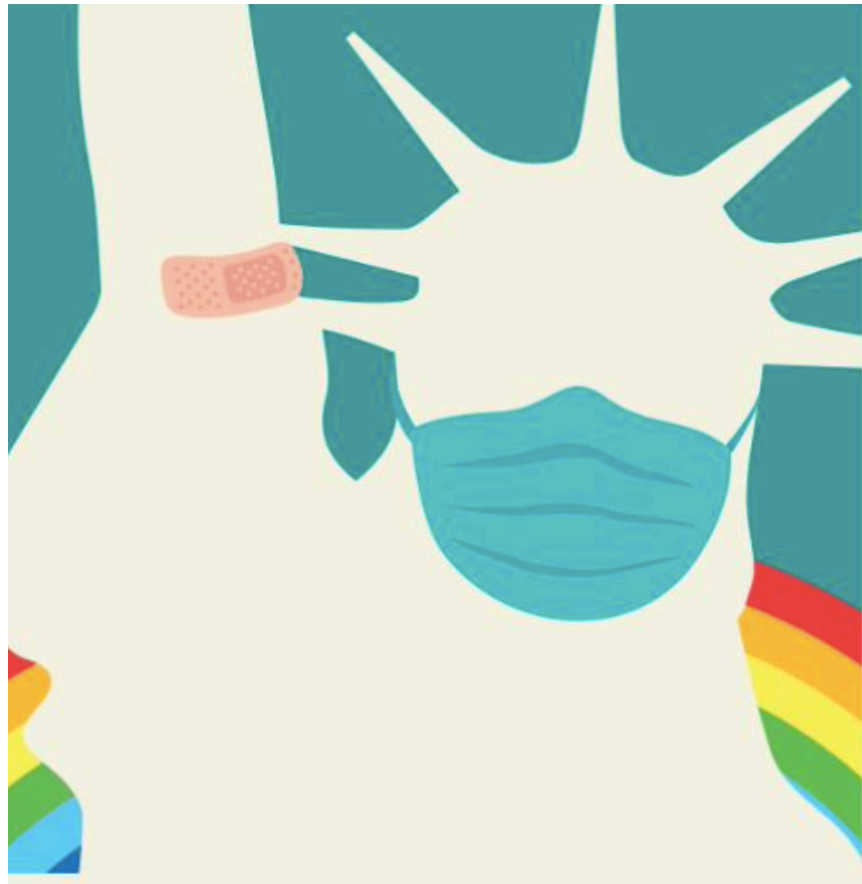




*Celebrating 32 Years of
Expert Placement and
Personal Service*

Caring & Connecting During COVID-19 How You Can Help



Dear Friend,

NYC vaccine eligibility expands today!

As the vaccine supply increases, so does eligibility for essential workers in food service.

Breaking news! The latest expansion of eligibility includes non-profit workers –volunteers- who provide public-facing services to New Yorkers in need. Food banks, food pantries and home-delivered meal programs all fall within this definition.

While booking an appointment for the COVID vaccination can be daunting, there are ways to get and give help to others. Our partner, Health Advocates for Older People is now recruiting volunteers to assist in booking appointments for their seniors. If you have a computer and patience they will train you to help others and yourself.

Volunteer opportunities included in this newsletter are:

- | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">• Health Advocates for Older People• SCORE• The Samaritans• Literacy Partners• Hunger Free America | <ul style="list-style-type: none">• iMentor• NYC H2O• Bigs & Littles NYC Mentoring• American Cancer Society• New York City Medical Reserve Corps |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

If you need more ideas, contact us at 212 889-4805, to schedule a free personal consultation with one of our interviewers. Or go to our website to see previous newsletters at <https://volunteer-referral.com/media-press-room/>

Please consider supporting us to help ensure that VRC continues to perform its vital role as a volunteer pipeline, connecting and counseling individuals and groups who want to serve, with our more than 300 partner agencies.



DONATE

Patricia Girardi
Executive Director
Volunteer Referral Center
volunteer-referral.org

Deborah McCandless
President
Volunteer Referral Center
volunteer-referral.org

Health Advocates for Older People

Health Advocates for Older People. promotes safe and healthy aging through programs designed to facilitate independent living, physical well-being and greater social interaction.

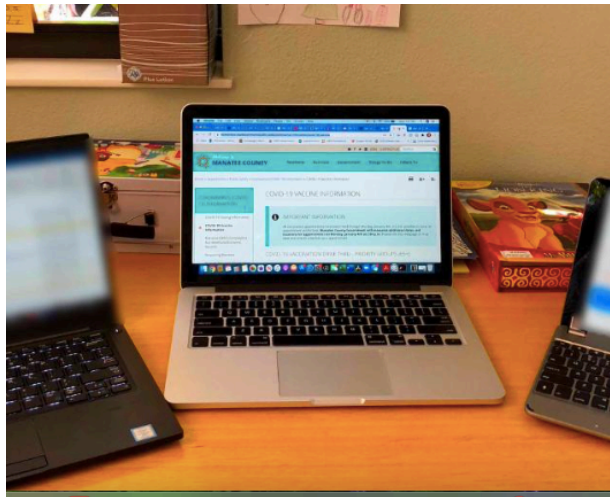
Can you help? Volunteers Needed....

Volunteers Needed to Schedule COVID-19 vaccine appointments for Seniors

HAFOP needs more hands on deck to schedule appointments for seniors for their COVID-19 appointment as requests are mounting. Requirements: have access to a computer and patience.

They have already done the foot work and training is provided. All you need is a computer and can work from home. Patience is a virtue 💕

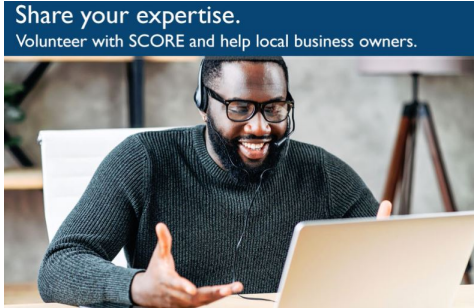
To sign up please call Nancy Houghton at 212-980-1700. Tell Nancy that you would like to help!



SCORE

For more than 50 years, SCORE mentors have provided solutions and answers for free to thousands of entrepreneurs and small business owners in NYC.

Volunteering at SCORE is a way for you to give back to your community, connect with fellow business owners, and pass on your knowledge and expertise to the next generation of entrepreneurs. SCORE volunteers provide confidential business mentoring services, both online and in person. We lead seminars and workshops to help small business owners meet their goals and achieve success.



Share your expertise.
Volunteer with SCORE and help local business owners.

SCORE NYC is actively recruiting volunteers in these areas:

- Certified Primary Mentors - 5+ years of experience required as a senior executive or the owner of a business with broad-based experience AND available 10 hours a month.
- Professional Specialists such as an accountant, import/export, patent or trademark attorney, insurance broker, social media expert, non-profits, health care, entertainment, restaurateur or retailer who can bring specific expertise to the business community.
- Marketing, Public Relations, Communications, Web Design, eCommerce, Graphic Design, Social Media, Speakers, Translators, Outreach, Fundraising, Operations who can help us connect and engage with our community.
- Videographer for Recording New Webinars and Video Editor for Repurposing Webinars.
- Administration and Office Support Comfortable with Microsoft Word, Excel, internet, and e-mail and able to volunteer at least 10 hours/month. Help organize seminars and workshops, plan events, engage with clients using Constant Contact, and develop marketing materials and written procedures for office activities.
- Business Development and Community Outreach: People with experience in business development with partners and fundraising in Manhattan, Brooklyn, and The Bronx.

For more information and to apply click here: <https://newyorkcity.score.org/volunteer-119>

The Samaritans

Night Owls, Freelancers, Retired

-

Volunteer Opportunities

Samaritans Suicide Prevention Center NYC operates the city's 24-hour suicide prevention hotline. Last year, we answered over 75,000 hotline calls. Samaritans is part of a well-established international network of 400 centers in 42 countries where over 20,000 volunteers provide crisis response and emotional support services to people who are in distress, depressed and suicidal.

Samaritans greatest need is for qualified applicants who are available to work at least one five-hour weekday morning or afternoon a week. If you are interested in becoming a Samaritans Hotline Volunteer, contact them and sign up to attend an orientation class at <https://samaritansnyc.org/volunteer-2/> All applicants are required to utilize this form to be considered for a hotline position. For other information, go to: www.samaritansnyc.org.



Volunteer Requirements:

- Must be at least 21
- Good English speaking + written skills.
- Willing to work as part of a collaborative team.

Available to volunteer:

- 1 weekday morning, afternoon, evening or weekend shift a week.
- 1 overnight shift a month
- No experience necessary!

Contact: newvolunteer@samaritansnyc.org, Sombul Augustine

More information: [Click here](#)

Literacy Partners

We are looking for compassionate volunteers to help us strengthen and expand our online adult education programs. Come join us!

As a volunteer at Literacy Partners, you play a major role in helping low-income and immigrant parents and caregivers develop the literacy and language skills they need to succeed in today's world.



Sign up here to receive monthly email updates on volunteer

opportunities: <https://literacypartners.org/get-involved/volunteer>

Volunteer Opportunities (remote only):

- **Work with English Language Learners:** As a volunteer with our English for Parents program, you will work with students to build their confidence in speaking English. Share in their personal triumphs and challenges as they learn to solve everyday problems and advocate for themselves and their families. All classes are currently online.
- **Teach a fellow New Yorker how to read:** Literacy Partners has been teaching adults to read since 1974. You can become a reading tutor after completing our online training and coaching program. Once you've completed your training, you'll provide one-on-one phonics-based reading instruction to an adult New Yorker. All classes are currently held on Zoom and require a computer for the tutor.
- **Volunteer in our Communications, Development, or Program Departments** by assisting with a wide variety of day-to-day tasks and special projects.

Ready to make a difference? Sign up for our monthly volunteer mailing list to receive information on upcoming volunteer orientations.

You can find out more about our classes and workshops at <https://literacypartners.org/our-classes>

To register to volunteer go to: <https://www.tfaforms.com/4875718>

Hunger Free America

Hunger Free NYC serves low-income New Yorkers. We are the New York City affiliate of Hunger Free America



Join the COVID Food Assistance Project!

As a response to the COVID-19 (novel Coronavirus) pandemic, Hunger Free America needs your help creating the most current database of food resources and assistance in this rapidly changing environment. The crowd-sourced information will be freely available to all who might need assistance during this time and will help the national USDA Hunger Hotline provide the most current information to all those who need assistance. **This is an entirely virtual event that requires a time commitment of 2 hours.**

Volunteers will be calling food pantries and soup kitchens to verify and update existing data in our National Database. Volunteers will receive a brief orientation and training at the start of the session. Facilitators will be present on zoom throughout the event providing live support. Choose the most convenient for you day and time. The event is held on Mondays at 1pm-3pm EST or 4pm-6pm EST and Wednesdays at 5pm-7pm EST.

Register

at: <https://hungervolunteer.volunteerhub.com/events/search?q=covid+Food+Assistance+Project+Orientation>

If you have any questions about this event please reach out to Erika Hernandez at ehernandezburke@hungerfreeanyc.org.

Become a Hunger Advocate with Hunger Free America!

Join Hunger Free America in creating a people's movement to end hunger and push for the economic and public policies needed to eliminate domestic hunger and ensure that all Americans have sufficient access to nutritious food. ****This is a virtual role which can be flexible to your schedule****

To get involved, please send a basic resume describing work experience and relevant interests to lharris@hungerfreeamerica.org. We will then set up a chat to learn more about which team and project would most suit you.

Please check the Volunteer Hub for more ways to get involved: <https://hungervolunteer.volunteerhub.com/>

iMentor

iMentor matches every student in our partner high schools with a college-educated mentor—a personal champion to help them on their college journey. You could be that champion.

What it takes to be a Mentor:

- Commit to help a high school student get to college
- Connect online once a week
- Meet in-person once a month



How to Get Started

Becoming a mentor is easy.

There are two ways to begin: Either sign-up for a virtual mentor orientation or start an application. Please click here: <https://imentor.org/get-involved/become-a-mentor>

|



NYC H2o

NYC H2O, a nonprofit that runs educational programs about New York's water system for city schools, has taken on the job of foster parenting the orphaned reservoir in the last few years.



March 21 at 10 am

Join NYC H2O and the NYC Parks

Department as they cut invasive bittersweet vines on the hill to the south of the Reservoir!

The Ridgewood Reservoir in Highland Park is a 50+ acre natural oasis that straddles the border of Brooklyn and Queens. Built in 1859 to supply the once independent City of Brooklyn with high quality water, it became obsolete with the addition of new reservoirs in the Catskills in the 1950's and was decommissioned in the 1980's. Since then, nature took its course in a perfect case study of ecological succession. A lush and dense forest has grown in its two outside basins while a freshwater pond with waterfowl sits in the middle basin. This fresh water source is critical to migrating birds on the Atlantic Flyway.

Please meet in the parking lot on Vermont Place, Brooklyn, NY 11207, across the street from the reservoir and **don't forget to wear your mask!**

Click here to register: <https://www.eventbrite.com/e/volunteer-landscaping-at-the-ridgewood-reservoir-tickets-144514941079>

April 3, 10 am - 2 pm

Join NYC H2O for a cleanup shift at Atlantic and Euclid Avenue

There's a lot to accomplish, so the cleanup will run from 10am - 2pm in (2) 2-hour shifts. Please make sure to register for time slot you would like to join, as we will ask all volunteers to arrive at the time on their ticket.

Gloves, garbage bags and pickers will be provided. Please bring water to hydrate. We will maintain 6' between participants, but please don't forget to wear your mask!

Click here to register: <https://www.eventbrite.com/e/atlantic-avenue-cleanup-new-date-tickets-145114592653>

Bigs & Littles Mentoring NYC

Founder of the nationwide girls mentoring movement in 1902, Bigs & Littles NYC Mentoring Services strives to transform the lives of children through one-to-one mentoring, while strengthening entire families in hardship.

In Bigs & Littles NYC's keystone mentoring program, youth ages 7-19 (enrollment till age 17), are carefully matched with a Big Sister or Big Brother who serves as adviser, role model, and adult friend. Matches are supported by a dedicated Professional Program Manager to oversee and guide the match relationship offering referrals and additional resources as needed. Our holistic approach to mentoring consists of working closely with the entire family ensuring better outcomes.



Get Involved with the Caring Through COVID Mentoring Program -

Volunteer Building on 118 years of expertise in one-to-one mentoring and strengthening entire families and a long history of addressing bereavement, the Caring Through COVID Mentoring Program responds with targeted supports to the growing needs of NYC children affected by loss and trauma due to COVID-19. The support of a caring adult mentor for bereaved youth coping with complicated grief, along with crisis counseling, comprehensive family support and referral assistance improves the well-being of the entire family. It has been reported that nearly 4,200 children in New York State have lost a parent or caregiver; 57% of these children live in the Bronx, Brooklyn, or Queens, and numbers are highest among Black and Hispanic children. Losing a parent or caregiver during childhood raises a child's risk of developing a range of poor outcomes over their lifetime, including poorer mental and physical health.

For more information and to sign up to be a BIG mentor click here:

<https://bigslittlesnyc.org/become-a-mentor>

American Cancer Society

The American Cancer Society's mission is to save lives, celebrate lives, and lead the fight for a world without cancer.

As an American Cancer Society volunteer, you can help save the lives of people in your local community and around the world.

At this time, we are very concerned about COVID-19. The health and safety of our volunteers and patients come first. There is a continued need for volunteers in critical roles, but rapidly changing local conditions may mean fewer opportunities at times. If you

don't see the right opportunity for you give us a call at 1-800-227-2345 option 4, to be connected with one of our friendly specialists.



Volunteer From Anywhere Opportunities

Find flexible opportunities that work with your schedule.

If you are seeking opportunities that are flexible, virtual and you can do from home, these options might be a good fit for you. We offer a wide range of volunteer opportunities in this area ranging from skills-based projects to supporting our fundraising events, advocacy and much more. At the American Cancer Society, we offer numerous ways for volunteers to join us in the fight against cancer. Sign-up to volunteer with the American Cancer Society and help us finish that fight.

[SEARCH FOR VOLUNTEER OPPORTUNITIES](#)

New York City Medical Reserve Corps

Volunteer at COVID-19 Vaccine Hubs

The NYC Health Department is administering **COVID-19** vaccines at City-run Vaccine Hubs located throughout the five boroughs. The department is looking for **licensed clinical professionals** to register with the Medical Reserve Corps and volunteer to help with this mass vaccination effort.



VOLUNTEER AT A VACCINE HUB

The mission of the New York City Medical Reserve Corp (NYC MRC) is to strengthen public health, improve emergency response and build community resilience. The organization consists of over 15,000 medical and non-medical volunteers who are deployed to respond to public health emergencies and participate in health-related community activities. NYC Medical Reserve Corps is a volunteer organization. NYC Medical Reserve Corps volunteers do not receive any type of compensation for their work performed during emergencies.

Volunteers represent a variety of health disciplines and are selected for assignments based on many criteria, including their discipline, language(s) spoken and their location. We are only recruiting for health care professionals through the NYC MRC at this time.

For more information on how to get involved please click here: <https://www1.nyc.gov/site/doh/providers/emergency-prep/nyc-medical-reserve-corps.page>

DONATE



Connecting Volunteers and Agencies

Volunteer Referral Center | 161 Madison Avenue, New York, NY 10016 | 212-889-4805
www.volunteer-referral.org | info@volunteer-referral.com

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